



Assembly Instructions

AM-9 Pedal Plate

#30-30-0147

Contents of AM-9 Pedal Plate

1 Pr. Right and Left Pedal Plate with heel and toe hook and loop straps

Six (6) 7mm nylock nuts

Six (6) Phillips Head screws

Tools Required

Phillips head screw driver

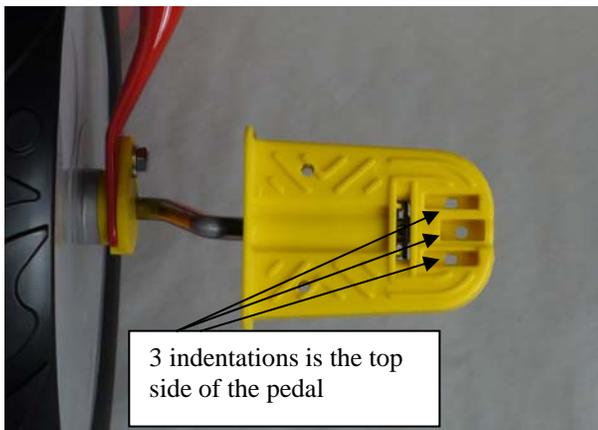
3mm socket or Nut Driver or wrench



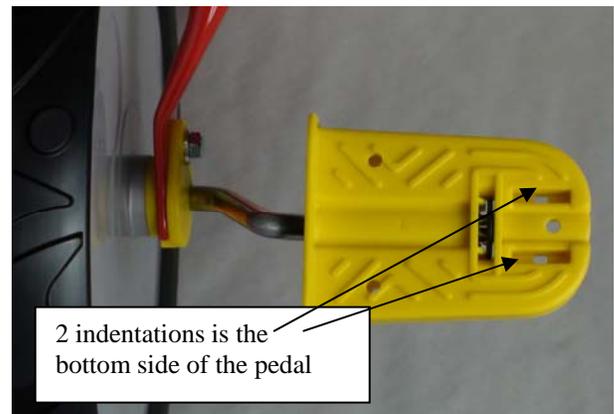
Note: Before attaching the AM-9 Pedal Plate to the pedal please read through the assembly guide and become familiar with the assembly process.

The AM-9 Pedal Plate should only be mounted to the top side of the pedal that is indicated as the top side of the pedal in Figure 1.

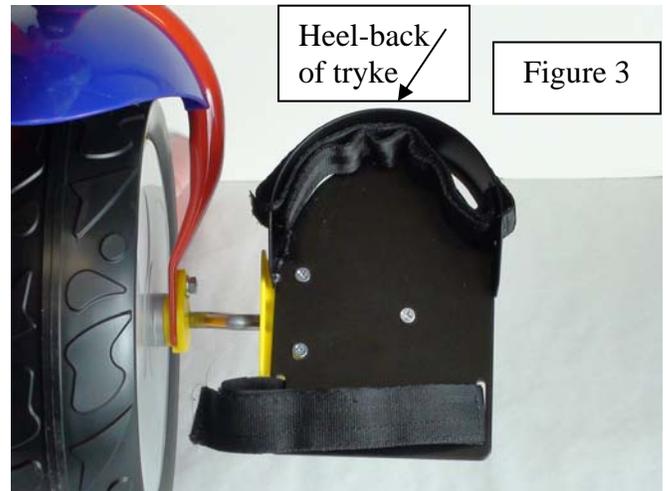
Top Side of Pedal-Figure1



Bottom Side of Pedal-Figure 2



- 1) Place the bottom side of the pedal plate against the top side pedal surface with the heel pointing towards the rear of the AM-9. Align the three holes in the pedal plate with the three holes in the pedal. Note: The heel is the rounded part of the metal foot plate and serves to trap the heel when the foot is strapped into the pedal plate. Figure 3.
- 2) Insert the three Phillips head screws through the pedal plate and through the pedal as shown in Figure 3.



- 3) Install one 3mm nylock nut on each screw by hand. The nuts are installed on the bottom of the pedal as shown in Figure 4.
- 4) Using a Phillips head screw driver and a 3mm socket or Nut Driver tighten the nuts until they are secure.
- 5) Repeat steps 1 through 7 for installing opposite side pedal plate.
- 6) Check to be sure straps are properly threaded through slots in pedal plate. The hook portion of the straps should always face up so it will not rub against or contact the skin of the rider.

