



Assembly Instructions

Foot Cups Installation Instructions AM-9S, AM-9L, AM-12 & AM-16

Part Number: 30-0149 Toddler, 30-0115 Medium, 30-0116 Large

Contents of Foot Cups

Pair of Foot Cups

2 3" wide adhesive backed hook

2 3" wide adhesive backed loop

OPTIONAL: 2- 22" Straps and 2-19" Straps

- 1) When installing on an AmTryke remove completely remove heel strap from pedal; if not installing on an AmTryke proceed to step 2.
- 2) Remove the 3" wide hook material from the bottom of the foot cup.
- 3) Peel off paper back.
- 4) Apply the 3" wide adhesive hook material on the metal foot plate.
- 5) Re-install the heel straps through the bottom of the metal footplate if installing on an AmTryke.
- 6) Thread the heel straps and toe straps through the foot cups, push the foot cups securely against the hook surface on metal plate. Note; Line up heel plate with inner slot of foot cup. Pull slack out of straps as you push firmly down on foot cup.

