



Assembly Instructions

Knee Adductor Positioning Strap

The circumference measurement is the thigh just above the knee.

#30-0700 Small fits 6-9 inch thigh circumference;

#30-0701 Medium fits 10-14 inch thigh circumference

#30-0702 Large fits 15-19 inch thigh circumference



Contents

Small

Medium

Large

Riders who need adapted tricycles often have problems keeping their knees inward so that the hamstring muscles can push down against the pedals. This strap can be fitted to provide knee over pedal positioning for most riders.

Directions

- 1) Place rider on tryke.
- 2) Place the beige strap just above the knee under the thigh and bring the white strap loosely over thigh to close the hook and loop.
Note: There should be a one or two finger gap between strap and thigh so that the strap can swivel when the knees are moving up and down on the pedals.
- 3) Determine the desired knee adductor positioning. Make strap adjustment using the directions in Knee Adductor Positioning Strap Adjustments.
- 4) Secure strap on other side.

Knee Adductor Positioning Strap Adjustments

You can adjust the position of the knees when the rider is on the tryke by reducing the distance between the knees from wide to narrow by taking out one or two rows of stitching on the strap. To shorten the distance between the knees, remove the row of stitching closest to the thigh.

Small Strap will adjust from 6 inches (widest) to 5 to 4 inches (narrowest)

Medium Strap will adjust from 9 inches (widest) to 8 to 7 inches (narrowest)

Large Strap will adjust from 12 inches (widest) to 11 to 10 to 9 inches (narrowest)

Cut off any extra beige strap once the fitting is complete, Making sure there is enough beige strap so that the hook does not come in contact with the skin.

