



## Assembly Instructions

### Vertical Handgrips

Part Number 30-23-0343  
Fits AM-9, AM-12, and AM-16



### Tools Needed: 14mm wrench

**Note!** If the Tryke is unassembled skip to Step 2

### Installation Instructions

- 1) **Remove the Hand Grips from the Hand Cranks**  
Using a 14mm wrench loosen and unscrew each hand grip, making sure to note which is right hand threaded and which is left hand threaded. They should be stamped “R” and “L” on the end of the thread.
  
- 2) **Install Vertical Handgrips**  
Located on the flat surface of threaded brass portion is stamped either “L” for left or “R” for right. The right side of the bike has the chain guard on. Find the vertical hand grip that has the “R” stamped on the flat portion. Thread this into the right crank arm “same side chain guard is on” turning it to the right “clockwise” until snug. Use a 14mm wrench to finish tightening. Thread the left vertical grip into the left crank arm turning it counter clockwise. Use a 14mm wrench to finish tightening.