

# AMTRYKE

**PURPOSE** The AmTryke was designed as a therapeutic tricycle for children with disabilities. It can be powered by the hands, feet or both. It allows freedom to travel, builds self-esteem, strengthens muscles, improves motor coordination and range of motion while making exercise fun.

**TYPES OF CHILDREN THAT MAY BENEFIT FROM AN AMTRYKE** Children experiencing symptoms of cerebral palsy, Down's syndrome, spina bifida, hemiparesis, or motor, sensory, or general developmental delays. Children with poor endurance or stamina are excellent candidates for an AmTryke. Children not yet ambulatory can learn to master riding on the tryke.

The AmTryke requires adult supervision. The helmet should be worn at all times when riding the AmTryke.

Initially, the child may have difficulty turning or changing directions. Encourage the child to go straight ahead, back up and slowly turn around.

**THERE ARE THREE DEGREES OF THE STEERING COLUMN**

1. Straight ahead - used for beginners
2. One screw removed – partial freedom of turning (child who can turn and control direction)
3. Both screws removed – full turn of steering column (skilled riders)

## CAUTION

*Fast speeds and sharp turns can cause the AmTryke to turn over*

**SPECIAL CONSIDERATIONS**

- \* Ace wraps can be used to secure the hands to the grips
- \* Extra straps to secure trunk
- \* Blocks to foot pedals to allow reach
- \* Adjustments to seat placement

Ambucs nationwide are dedicated to creating opportunities and independence for people with disabilities by performing community service, providing AmTrykes to children with disabilities and providing scholarships for therapists.

*The information contained in this service is not intended nor implied by AMBUCS to be professional medical advice by AMBUCS. Always seek the advice of your physician, therapist or other qualified healthcare provider prior to starting any treatment or with any question you may have regarding a medical condition. Nothing contained in this service is intended by AMBUCS to be for medical diagnosis or treatment by AMBUCS or on behalf of AMBUCS.*

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Parent or Legal Guardian

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Date

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